

MAT BANKES

KEYNOTE SPEAKER ON
LEADING UNDER PRESSURE



You don't need certainty. *You need orientation.*

Mat Banks is a keynote speaker and the creator of The Golden Lighthouse™. He gives leaders and teams a clear map of what pressure is really doing to them, and a steadier place to stand while the outcome is still unknown.

Around 100 jobs across
40+ industries

Co-author, #1 Amazon
bestseller *Living into Self-
Esteem*

Creator of The Golden
Lighthouse™

Check Mat's availability
for your event.

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The Golden Lighthouse™ is a program of INSPIRED L8FE.
L8FE Pty Ltd trading as INSPIRED L8FE · ABN 84 683 121 306



Three keynotes. *One idea.*

01

You Don't Need Certainty

The Golden Lighthouse™ keynote

Most pressure isn't caused by uncertainty. It's caused by needing a particular outcome in order to feel okay. Mat names that hidden dependency and shows your people a steadier place to stand while the outcome is still unknown.

BEST FOR

Conference openers, leadership summits, all-hands

02

When Outcomes Are Unknowable

Deciding without certainty

Leaders keep waiting for a clarity that isn't coming, and the waiting has a cost. This keynote separates knowing what will happen from knowing what matters, so people can move without pretending to know how it ends.

BEST FOR

Executive offsites, strategy days, teams in change or restructure

03

Reference, Not Rescue

Leading people through pressure

Under pressure, good leaders start carrying everyone else's outcomes: fixing, rescuing, controlling. Mat shows what changes when a leader becomes a steady point of reference instead.

BEST FOR

People-leader programs, management conferences, HR and L&D events



"It's been really powerful. It's like an immediate reset, an immediate mirror, where I might otherwise reflect on this stuff a week later. When Mat labels it, I go: yeah, that's pretty fair. I can't argue with that."

Lucas Jeffries

Jeffries Property Group

FORMATS & FEES

60 minutes, AUD \$5,500 + GST · 90 minutes, AUD \$7,700 + GST

The 90-minute version adds depth and Q&A. Based on the Sunshine Coast, Queensland. Available Australia-wide and internationally.

ALSO AVAILABLE

The Golden Lighthouse™ two-day workshop, for teams of 5 to 30.

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